

# Champions for Mental Health

## News, Articles, & Stories



### ‘Twas The Night Before Clinical (Podcast)

<https://player.fm/series/series-2417393/twas-the-night-before-clinical-episode-34-P7ObY7xbhg9qPhO3>

### Test Anxiety In Nursing School (Podcast)

<https://player.fm/series/series-2417393/test-anxiety-in-nursing-school-episode-67>

### Can’t Nurses Just Get Along

<https://www.nursesrx.com/nurse-news/cant-nurses-just-get-along/>

### Mastering Exam Anxiety

[http://counselling.athabascau.ca/exam\\_anxiety.php](http://counselling.athabascau.ca/exam_anxiety.php)

### Nursing Student Survival Guide: The First Clinical Shift

<https://www.picmonic.com/pages/nursing-student-first-clinical-shift/>